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Veteran & Family Resource Update..

June 2019

Impact Report

Update on the impact of our work at Qualified Listeners:

Through May 2019

- 123 Listening Sessions
 - o 180.3 hours
 - o 8,024 miles
 - o 78% are Veterans
 - o 30% are female
 - o 57% served in combat
 - 9% were abused as children
 - o 361 total Listening Sessions since we started the program in May 2017
- We're currently working on 15 active projects for Veterans & families
- 4,700 Veteran & Family Resource Directories distributed since we started the program in April 2018

We know we save lives...

75th Anniversary of Invasion of Normandy (D-Day)

June 6, 2019 marks the 75th Anniversary of The Invasion of Normandy, also known as D-Day, a

On that day the Allied Forces of Britain, America, Canada, and France attacked German forces on the coast of Normandy, France. With a huge force of over 150,000 soldiers, the Allies attacked and gained a victory that became the turning point for World War II in Europe.

Please Honor and Remember

Vet Centers Celebrate 40th Anniversary

In June 1979, public law 96-22 was signed. It established the Vet Centers within the Department of Veterans Affairs (VA) in response to Vietnam combat and era Veterans not accessing VA services at the same levels as Korean and World War II Veterans.

More than 300 Vet Centers and 80 Mobile Vet Centers provide community-based counseling for a wide range of social and psychological services, including confidential readjustment counseling, outreach and referral to eligible Veterans, active duty service members, including National Guard and Reserve components and their families. Individual, group, marriage and family counseling is offered in addition to referral and connection to other VA or community benefits and services at no cost. Vet Center counselors and outreach staff, many of whom are Veterans themselves, are experienced and prepared to discuss the tragedies of war, loss, grief and transition after trauma. For information on eligibility visit www.vetcenter.va.gov/eligibility.asp

Vet Centers throughout the country are holding open houses to celebrate 40 years of service. Here are three locations in northern Colorado and Wyoming hosting open houses:

June 11th - Cheyenne Vet Center

3219 E. Pershing Blvd

Noon - 4:00 pm

307-778-7370

June 14th - Boulder Vet Center

4999 Pearl East Circle, #106

11:00 am, Presentation at Noon

303-440-7306, RSVP requested

June 19th - Fort Collins Vet Center 702 W. Drake Road, Building C 1:00 pm - 4:30 pm 970-221-5176

- Heart Scars 6
- LIV Health
- Operation Equine
- Community Grief Center
- Veteran Comments
- Events
- Other Stuff
- Sign Up for Newsletters



Mobile Vet Center Program

Community Vet Center offices stand ready to serve any Veteran or Active Duty service members, including family members, to include members of the National Guard and Reserve components, who have served in any combat theater or area of hostility. Vet Centers also provide counseling for those who were victims of Military Sexual Trauma, or harassment. Bereavement counseling is available to eligible family members who lost a loved one while serving on Active Duty.

To have a MVC and Vet Center staff participate in upcoming events where Veterans, Service members, and their families are expected to be in attendance please call us:

During Work Day - 303-440-7306 Boulder, CO



- Provides individual consultation to Active Duty, Veterans, family members, and other loved ones.
- Offers expertise in understanding and managing symptoms of grief, Post-Traumatic Stress, Military Sexual Trauma, and Moral Injury/moral wounding.
- Offers education, workshops and retreats for Veterans, family members and other wellness providers on PTS, Grief, and Moral Injury/Moral Wounding.
- · All services free-of-charge or significantly discounted.

970-449-3665 MaryScottRetreats@gmail.com www.HeartScars6.com



LIV Health brings every element of counseling and case management directly to the patient, right in the patient's own home, nursing facility, or assisted living facility. Our caring, compassionate staff operates under a "patient first" mindset, working one-on-one to develop, then build upon, a solid relationship of trust, security and peace of mind.

Wyoming Office

Cheyenne

Phone: 307-630-4729

Colorado Office

Fort Collins Phone: 970-888-4070

www.livhealth.org



OPERATION EQUINELLO

Operation Equine and Mount Moriah Stables serve the needs of military service members, Veterans, first responders, their families, and supporters of the SMVF community.

Also serving civilian health care providers by providing training/professional development in Cultural Competence Training for both Military and First Responders.

Equine Assisted Psychotherapy and Learning (EAP/L) through licensed and certified professionals, along with our herd of horses. We support those working through the challenges of service as they create their New Normal in civilian life. We offer a professional, experienced, and effective approach to mental health and the unique issues facing Military and Veteran families.

Located at:

Mt. Moriah Stables

1990 150th Avenue

Broomfield, CO 80023

www.operationequine.org



The Community Grief Center helps Veterans grieving a death find connection and support. Our services are free.

We are a volunteer-based organization and, therefore, we do not operate on a normal business

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and return messages daily.

970-506-4114 www.communitygriefcenter.org

Click here to find more of our vetted resources...

Veteran Comments:

"As a single, Vietnam era female Veteran, I rely on many people around me to help with household repairs. Many projects are in various stages of incomplete and now I know Qualified Listeners we are getting them completed."

"I saw so much devastation and death in Vietnam I've never been able to talk about it. Knowing Qualified Listeners, I now can."

"As a large, international manufacturer we work hard to hire Veterans and it is important we create a better culture of "Veteran Friendly" with our staff. We thank Qualified Listeners for helping us create the new awareness."

"My normal driver had to have surgery and Qualified Listeners adjusted their schedule to take me to and from my follow up doctor visits in Fort Collins."

Events

- Veteran Breakfast Club PAMVET Breakfast
 - Loveland, CO every Saturday morning at 7:30 AM
 - Golden Corral
 - Englewood, CO, first Saturday of every month at 7:30 AM
 - Golden Corral
 - Click to learn more
- June 5
 - Veterans Lunch
 - o 11:00 am 12:30 pm
 - Perkins Restaurant, Longmont
- June 6

- Official Opening New Community Living Center (CLC)
- o 1:00 pm
- Cheyenne VA Hospital
- June 14
 - Flag Day
- June 19
 - Veterans Lunch
 - o 11:00 am 12:30 pm
 - Perkins Restaurant, Longmont
- July 14
 - CVMA Annual Golf Tournament
 - Pelican Lakes Golf Club, Windsor
 - For information email cvma36golf@gmail.com
- July 31
 - Veteran Charity Ride BBQ
 - o 4:00 pm
 - Veterans Plaza of Northern Colorado
 - o 2626 West Horsetooth Road, Fort Collins
- August 3
 - JM Post of Johnstown, Annual Golf Tournament
 - 8 am to 5 pm
- September 14
 - The Stillwater Derby Fundraiser
 - o 5:00 pm
 - o 8511 Coyote Run, Loveland
 - For more information <u>www.stillwaterranch.org</u>
- September 15
 - Inaugural High Plains Honor Flight
 - Send-off 7:00 am Embassy Suites, Loveland

Cheyenne VA Event Calendar www.cheyenne.va.gov/calendar.asp

Other Stuff

 Stillwater Ranch, providing horse therapy to Veterans and their families at no charge, is taking an assessment of the needs in the Veteran Community. If you would like to offer your comments please click on one of the links below for a quick survey. One link is for

- Veteran link https://www.surveymonkey.com/r/MHX9XTM
- Non-Veteran link https://www.surveymonkey.com/r/MFNNFT3
- Volunteers of America in Greeley is hiring for an Intake and Resource Coordinator in our Supportive Services for Veteran Families (SSVF) Program. Click on link to apply https://recruiting.paylocity.com/recruiting/jobs/Details/127619/VOLUNTEERS-OF-AMERICA-INC/Intake-and-Resource-Coordinator-SSVF
- Reminder the job of Qualified Listeners is to serve all Veterans and their family
 members. If you need assistance in improving your life or giving you peace of mind,
 contact us. A few things we can help with:
 - Non-VA behavioral health support
 - Non-medical home care
 - Improve your discharge status
 - Want a better job
 - Home improvements to solve mobility challenges
 - We can do more, just ask...
- Veteran Discounts <u>www.legion.org/veteransbenefits/military-veteran-discounts</u>
- If you know a Veteran who needs clothes, <u>click here</u> to learn about our Suits for Veterans program. Any Veteran, any era.
- Helping Veterans and family members takes money and this is where you can help <u>click</u>
 here to donate to Qualified Listeners. Every dollar goes toward food, gas, utility bills,
 advocacy visits, Listening Sessions, home improvements, and other necessities.
- Guest Speaker
 - We are happy to come speak to your group, company or organization and share information about Veterans. Just <u>send us an email</u> to arrange a time and place for this 20 minute program. Groups enjoy learning about Veterans.

Sign Up For Newsletters

Do you know someone who would like to sign up for our Veteran & Family newsletters? You can use the FORWARD button at the bottom of this newsletter or send them this link. All it takes is first name, last name, email address, city, state, county and the preferences for the information they have the most interest in.











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